



ALITIMES



December 30, 2005

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Party time

Ring in the new year Saturday night at the Big Top (8 p.m.): casino games, music, fun, fun, fun.

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Vol. 3, Issue 50

Dec. 30, 2005

Col.

Donald M. Palandech
Commander, 407th AEG

Lt. Col.

Gerald M. Perkins
Deputy Commander, 407th AEG

Tech. Sgt.

Paul Dean
Editor/Chief, Public Affairs

This funded newspaper is an authorized publication for members of the U.S. military services overseas. Contents of the *Ali Times* are not necessarily the views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Air Force.

The content is edited, prepared and provided by the public affairs office of the 407th Air Expeditionary Group. All photographs are U.S. Air Force photographs unless otherwise indicated.

The *Ali Times* accepts stories, photographs and commentaries, which maybe submitted to the public affairs staff—located in the group headquarters building—or can be sent directly to the newspaper at

Ali.Times@tlab.centaf.af.mil

Deadline for publication is 7 p.m. Thursday before the week of publication.

For more information, call 445-2318, or e-mail the staff.

Waterlogged base, 407th ECES to the rescue

By Tech. Sgt. Paul Dean

407th Air Expeditionary Group Public Affairs

The heavy and persistent rains Christmas Day left many Ali Base Airmen powerless, lacking local fitness services, and in some cases, without lights, heat or hot water in their favorite cadillac.

407th Air Expeditionary Group Commander Col. Don Palandech met Dec. 28 with several of the Airmen who put the lives of Ali Base Airmen back in order faster than even the most optimistic estimates called for.

"It's absolutely amazing how quickly [the 407th Expeditionary Civil Engineer Squadron] got things up and running again," said the colonel.

The colonel thanked Airmen from the 407th ECES Electrical Shop who were finishing up with repairs to the power cables serving the headquarters building. 150 feet of underground main cable had to be replaced when rain seeped into the old cable and shorted it out.

The 407th ECES Electric Shop had 72 calls for service within 24 hours starting Christmas morning, said Master

Sgt. John Gaskill, noncommissioned officer in charge of the shop. The problems ranged from damage to easily accessible wiring and breaker boxes to underground issues that required replacement of main service cables. The problems ran from one end of the base to the other—from the 777th to the ELRS area.

The 407th ECES Electric Shop operates 24/7 with a group of 10 Airmen.

"We had minimum manning Christmas Day. Staff Sgt. Francis Lopez, Senior Airman Ricky Brown and Senior Airman Albert Escobal were scheduled to work and did as much as they could before they called any of the rest of us in," said Sergeant Gaskill. "They really went above and beyond. Sergeant Lopez continued to run the operation even after I got there."

Things are looking and feeling a lot better in Bedrock, just days after many realized that winter in the desert can get pretty cold and wet.

Kudos to the 407th ECES and all those who worked the 14 and 27 hour shifts.

Front Page photo



407th Air Expeditionary Group Commander Col. Don Palandech watches over work being done to restore

power to the HQ building by Senior Airmen Heng Cheng (standing) and Albert Escobal, 407th Expeditionary Civil Engineer Squadron Electrical Shop.

Photo by Tech. Sgt. Paul Dean



Photo by Tech. Sgt. Paul Dean

Senior Airman Albert Escobal (left) and Airman 1st Class Nicoy Thompson work on removing a section of sheathing and insulation from the cable that will feed the headquarters building.

Hot Wired



Photos by Tech. Sgt. Paul Dean



(Clockwise from above):
Senior Airman Albert Escobal, Col. Don Palandech and Senior Airman Heng Cheng;
Airman 1st Class Nicoy Thompson and Tech. Sgt. Frank Baldus;
Master Sgt. John Gaskill;
Senior Airman Albert Escobal and Master Sgt. John Gaskill;
Markings on the hand of Tech. Sgt. Frank Baldus to remind the crew of the polarity settings at the other end of the cable.
See story previous page for details.

No matter how small, every part counts in the Air Force puzzle

By Capt. Julie Wokaty-Kozma

777th Expeditionary Airlift Squadron C-130E instructor pilot

Descending into Baghdad, my crew prepares for landing. The copilot coordinates with air traffic control while the navigator ensures we follow desired ground track to the field. The flight engineer runs checklists and the loadmasters scan for threats. We keep our speed up as long as possible, configure close to the airfield, and the plane settles onto the runway.

Through all the maneuvering, coordinating, and flying I have a sense of de ja vu with a twist. I've done all this before, but never with this group of people. It's the same, yet different.

I arrived at Ali Base just last week and set out on my first Operation Iraqi Freedom mission in more than a year. And while it was far from my first time flying in combat, it was my first time flying in combat with this crew. In fact, it was my first time flying with this crew ever.

I knew little more about them than their name, rank, and crew position. This will change over the duration of the deployment, of course, but I can't help but wonder what enables a crew of people who hasn't flown together before to successfully maneuver an aircraft to accomplish a combat mission.

I believe the answer boils down to the professional integrity of crewmembers and support Airmen on the ground. This professional integrity comes from knowing your job, performing your duties to the best of your ability, and constantly striving to improve your skills.

From my perspective as a C-130 pilot, I know that each crewmember is trained in specific duties and must be able to perform these duties proficiently. The training and checklists are standardized; everybody knows what to expect, and what's expected from them, regardless of whether you've flown

together. Each piece of the puzzle is important, unique, and irreplaceable.

My part of the puzzle (and yours) fits into the overall puzzle: each Air Force Specialty Code having its own

unique pieces, and each AFSC irreplaceable to the total mission.

Professional integrity allows us to trust that others are doing their jobs correctly, and to accept their product as flawless. I count on the professional integrity of maintenance Airmen, Intel and Air Terminal Operations Center Airmen in my job to name a few. Being able to trust in their abilities and integrity saves

The enemy and their weapons are constantly changing; every Airman must stay ahead of these changes to win the war.



Photo by Tech. Sgt. Paul Dean

Capt. Julie Wokaty-Kozma

crucial time in a combat zone. This trust is vital to mission accomplishment.

Professional integrity also involves challenging yourself to stay at the top of your game and never growing complacent. The enemy and their weapons are constantly changing; every Airman must stay ahead of these changes to win the war. Staying in the books and keeping up to speed on latest tactics, techniques and procedures keeps our skills sharp and up to date.

Knowing that you work hard to be your best at your job and trusting others to do the same, that's the professional integrity that allows us to show up in a combat zone and complete a mission with people we have never worked with. It distinguishes professional warfighters from ordinary citizens.

No matter how your duties fit into the puzzle, you are vital to the Air Force mission. Wherever your piece of the puzzle fits, work hard to bring the entire picture together for mission accomplishment.

Passenger planes, warbirds, share same box: Airmen in control

Story and photos by Tech. Sgt. Paul Dean

407th Air Expeditionary Group Public Affairs

Another tiny dot drags a string of numbers with it as it hesitantly shuffles onto the screen; now there are 30 of them...dots with numbers that is.

Airman 1st Class Grant Gers slips a strip of paper no wider than the margin in your favorite magazine and shorter than two sugar packs end to end toward him, neatly but quickly enters the squawk (four of the numbers—the call sign), the time, adjusts his clear-straw microphone and makes contact: “Welcome to my sky.” The aircraft has entered the 50,000 square miles of Iraqi airspace controlled by a handful of Airmen working at the 407th Expeditionary Operations Support Squadron Area Control Center—a shoebox sized container too small to fall down in.

The aircraft will be under the control of the 407th EOSS ACC until one of the controllers releases it to a controller from neighboring airspace. It doesn't matter if the aircraft is Air Force One, a Coalition fighter, civil airliner, tanker, cargo bin or John Travolta tooling around in his Boeing 707, if it's flying in the southern third of Iraq the 407th EOSS ACC owns it. The ACC sees every move the aircraft makes while it's in range of the radar, which sweeps every 4 seconds, arcs into two other countries, north to the suburbs of Baghdad, and scours from ground level to a ceiling of 60,000 feet.

ACC controllers will help the aircraft keep the correct course, log its progress through the airspace (so there's a record of the last contact point in case of in-flight emergencies or radar failure), tell the pilot when to exit the assigned airway (routing to the destination, refueling track or kill box) and keep it a safe distance from other aircraft. The ACC Airmen are so good at their job they can (and do) fly civilian and non-tactical military traffic through airspace being used for tactical operations.

“It's all about moving them safely and smartly,” said Airman Gers, deployed from the 436th Operations Support Squadron, Dover Air Force Base, Del., who thrives on the

responsibility and trust placed in him as a controller.

The challenges of moving tactical and non-tactical aircraft through the same airspace have increased for the controllers of Air and Space Expeditionary Force 7/8. Civilian air traffic through southern Iraq has increased 14 percent and the Combined Air Operations Center, Southwest Asia, has reported significant increases in close air support and other tactical operations for October through December. Both situations are deliberate: the tactical operations were in support of the constitutional referendum and parliamentary elections; the increase in

Continued next page:

RADAR



Staff Sgt. Monica Pubillones works at her control board in the 407th Expeditionary Operations Support Squadron Area Control Center.

RADAR from previous page

civilian traffic is designed to grow a revenue stream for Iraq in the form of overflight tariffs.

With increasing stabilization of Iraq and progress toward returning control of the skies to an Iraqi civil authority, airways have been carved in skies that were previously hampered by the onset of no fly zones in April 1991 following Gulf War 1. And although none of the east-west routes cross the southern third of Iraq controlled by the 407th EOSS ACC, all traffic coming from the south has to flow through Ali Base controlled airspace.

Looking down, controllers seem oblivious to the actual sweep line as it swings around the center of their radar screens. They are focused on the dots and numbers left in the wake of the line as they float across a backdrop featuring the north and south air routes, borders of neighboring countries, the northern cutoff line of their area of control, air refueling tracks, and a grid overlay.

The cells of the grid are called “kill boxes” when tactical operations are being conducted.

Fighters supporting ground operations or targeting the enemy with offensive measures fly

into the kill box with the help of the ACC, traveling the same flight paths as any other aircraft, and then go into visual flight rules for the shoot and destroy part of the mission when the ACC releases them. Meanwhile, the same controllers nonchalantly direct non-tactical traffic through and above the same space—giving a vertical cushion between operations and the friendlier skies above.

“Things can get a little crazy here sometimes,” said Airman Gers, drawing an outline around four of his cells. The quad gets a lot of tactical action and has a major air route traveling right through the middle. The 407th EOSS ACC controls 70 potential kill boxes.

Even if an area is tactically stagnant for the moment, “we have two major airways with refueling tracks alongside each of them. The civilian traffic is flying right through the middle of our military operations,” said Staff Sgt. Monica Pubillones, deployed from the 509th Operations Support Squadron, Whiteman Air Force Base, Mo.

Continued next page:

RADAR

Controllers at the 407th Expeditionary Operations Support Squadron Area Control Center include (from left): Senior Airman Justin Sherman, Tech. Sgt. Clint Logan, Airman 1st Class Tiffany Macedo, Tech. Sgt. Jayson Vincent, Staff Sgt. Caroline Parker, Airman 1st Class Grant Gers and Senior Airman Tyler Howard.



RADAR from previous page

A refueling track is a designated route in the sky that tankers fly to rendezvous with receivers (the aircraft gassing up). The tanker flies around the path at a set speed and altitude waiting for (prescheduled) customers. And although the refueling part of the ACC mission can be low-key by itself, fighters will often “yo-yo,” one of them working a kill box, going for gas, and returning to the kill box, while a companion fighter does the same thing, each crisscrossing the north-south airways in opposite directions and on the opposite schedule as the other.

“That can get pretty hairy,” said Airman Gers.

“This is much more intense than stateside traffic control,” said Sergeant Pubillones. When you have tactical and non-tactical aircraft sharing the same space “your situational awareness is expanded to every level, but at the same time you have to be very spontaneous. Every controller that I know is a ‘Type A [personality].’”

Not only do the controllers deal with more air traffic here at the Ali Base ACC than at home station (regularly “working” more than 100 aircraft in 6 hours at the screen here), they are doing it using a facility designed for temporary use. The trailer and radar were designed for 4 months use. That was three years ago.

And that’s where the strips of paper come in to play.

Notations are made on each flight progress strip each time a controller speaks to somebody in the aircraft: time, position, speed and altitude are monitored closely. The strips are used to guide the aircraft when the radar has a “moment.”

Spread out neatly in front of a controller, with only a blank view of the airspace on their screen and the information on the flight progress strip, each controller is able to work the aircraft through to their destination or keep them on their overflight path. They don’t even view the situation as emergent when the radar fails: a similar process is used when somebody has to take a break. A little coordination and a handoff of the flight progress strips transfers control of aircraft from one controller to another. The pilot hears a new voice, doesn’t question why—because it’s routine—and the mission continues.

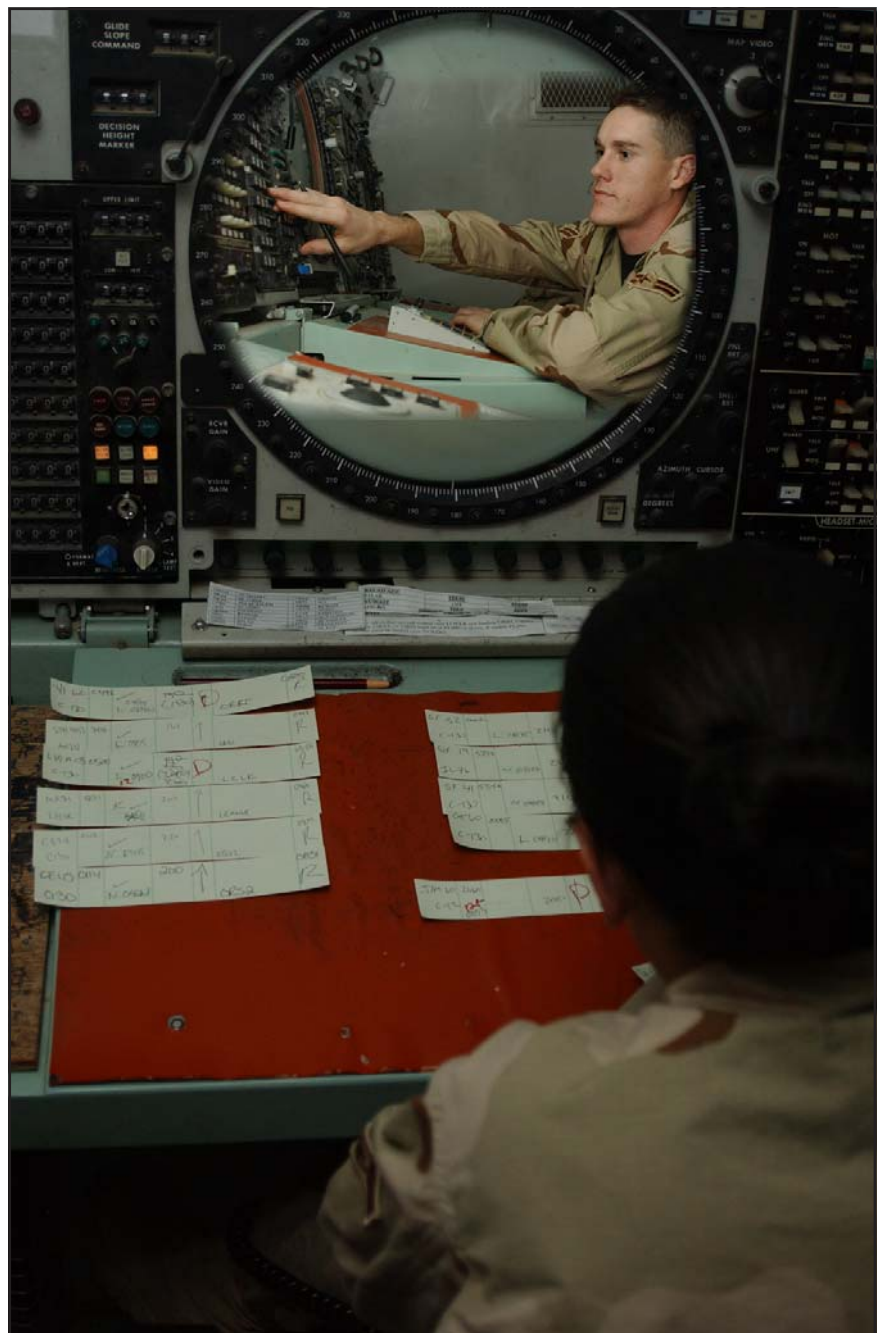
“In many ways it’s all about teamwork,”

said Staff Sgt. Caroline Parker, C-Crew shift supervisor, deployed from Headquarters, United States Air Forces Europe, Ramstein Air Base, Germany. “We have to work together, count on one another and take care of each other in this job. Too many people are depending on us to do our jobs perfectly.”

“It isn’t a job for somebody with no patience,” said Sergeant Pubillones. “But I love it; I truly enjoy coming to work everyday.”

“I wouldn’t want to do anything else,” said Airman Gers.

Airman 1st Class Tiffany Macedo talks to a pilot and keeps track of her flight progress strips. Airman Grant Gers is shown changing one of the screen elements at his panel.



Together from the start, two LT's rise together

Story and photos by Tech. Sgt. Paul Dean

407th Air Expeditionary Group Public Affairs

THE UNDERTONE was diversity and teamwork on a day of *firsts* for two Airmen promoted here Dec. 19.

It was their first promotion, the move was to first lieutenant, their first duty was to brief the Secretary of the Air Force, this is their first deployment, and neither were American citizens a decade ago. The two have been together since the start of their Air Force careers.

First Lt. Christian Cruz, a project engineer assigned to the 407th Expeditionary Civil Engineer Squadron is a native of the Philippines; he tested for, and earned American citizenship in 1996. First Lt. Leonid Gromov, a project programming engineer with the 407th ECES, traveled to the United States on a Tourist Visa in 1992, decided to stay, and

gained his citizenship in 1999. Both are deployed from the 60th Civil Engineer Squadron, Travis Air Force Base, Calif.

A promotion ceremony in the shadow of an Iraqi air force C-130 (attended by a mass of well wishers) added just a little more magic to the occasion.

"This is the total force personified," said Lt. Col. Richard Houghton, 407th ECES commander, also deployed from the 60th CES. "How often do



Lt. Col. Richard Houghton (right), commander, 407th Expeditionary Civil Engineer Squadron, and Capt. David Dammeier (left) 407th ECES Engineering Flight commander, made sure the new first lieutenants, Christian Cruz (inside right) and Leonid Gromov had a promotion ceremony befitting the uniqueness of the occasion.

two immigrants to America—one from Russia and one from the Philippines—get promoted on the same day, in Iraq? This is a big deal."

Secretary of the Air Force Michael W. Wynne echoed the sentiment after each of the lieutenants briefed him on accomplishments of Air and Space Expeditionary Force 7/8 407th ECES accomplishments here. He congratulated the two on their promotion and noted, "America was built on the hard work of immigrants."

Lieutenant's Cruz and Gromov met at Maxwell Air Force Base, Ala., at the start of Officer Training School Class 4-13. Their careers have kept them together since: both ending up in the civil engineer career field at the same base; attending "CE 101" together and then traveling back to



Plenty of well wishers showed up at the promotion ceremony to tap the new first lieutenants, Christian Cruz (left) and Leonid Gromov, on the arm and offer congratulations. Capt. Dammeier showed the two the start point of the gauntlet.

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LT DUO

Working together,



Photo by Tech. Sgt. Paul Dean

Radio-telephone operators assigned to the 407th Expeditionary Security Forces Squadron Combined Defense Operations Center review a situation. (From the left, sitting): 1st Lt. Timothy Wankowski, Staff Sgt. Dwayne Shephard and Tech. Sgt. Jeff Gates. The Italian army representative (standing) is 1st Lt. Gaetano Balzano.

By 1st Lt. Timothy Wankowski

407th Expeditionary Security Forces Squadron assistant operations officer

At first glance it looks like any other work area you might come across. Seven people sit at their workstations—some typing away on their keyboards, others shuffling paperwork, and still others answering routine phone calls.

Then a radio call breaks the silence: “Control, this is Romeo-1...prepare to copy SALUTE.”

The room is suddenly bustling with activity: airwaves are filled with radio transmissions and workers snatch up telephones for rapid notifications while they quickly mark maps and keep a record of all the activity on the large dry-erase board. The library-like atmosphere transforms quickly into a scene from the trading floor at the New York Stock Exchange.

It happens all day and night, every day and night. And while the scramble might seem chaotic to an untrained observer, it’s actually well organized—the result of many hours of planning and rehearsal. Professional security forces controllers are at work here, and they’re the best the Air Force has to offer. Welcome to the Combined Defense Operations Center, commonly referred to as the “CDOC.”

An eclectic group sits within the walls of the CDOC. There are Air Force controllers and camera operators, a U.S. Army convoy and patrol tracking monitor, and liaison officers from both U.S. and Italian Armies. All of activity is monitored by the “Overlord”—the local call sign for the Air Force noncommissioned officer in charge.

The CDOC is the hub of all security operations for Ali Base and Camp Adder. If something’s happening—inside, on, or outside the wire—the folks at the CDOC have their fingers on the pulse. Security forces professionals guide responses to any occurrence, be it routine or emergency from the CDOC, and the staff are the primary vessel for all communication from “sensor to shooter.” The CDOC staff actions protect the lives of all base residents, day in and day out.

Despite its somewhat grungy and outmoded appearance, the CDOC is packed with the latest and greatest technological wizardry.

From high-tech communications systems to cameras capable of spotting any adversary, this control

Continued on page: **DEFENDERS**

DEFENDERS from page

center is fully equipped to meet any challenges.

But like any other tool, the CDOC is just as good as the people who run it.

The Ali Base CDOC staff typically has more than a half a century's experience on any given day. On an individual level, the ability of a staffer to maintain composure is of the utmost importance. With so much activity and the likelihood of simultaneous incidents, proper prioritization and a cool head are key.

"Some days it's just crazy in here. Potential enemies are lurking in one place, somebody just reported shots fired in another place, and there's a [HMMWV] accident in a third place. To top it all off, the [operations officer] and the group commander are on their way here to have a closer look. It can be quite stressful, but we simply have to perform," said Air Force Staff Sgt. Dwayne Shephard, deployed from Mountain Home Air Force Base, Idaho.

Sergeant Shephard knows the value of his work. Halfway through his 6-month tour, he's proud of the fact there have been no successful attacks on Ali Base.

"We're either really good or really lucky. I believe we're that good!," said the Sergeant.

But perhaps the most interesting feature of CDOC is the mix of personnel.

The U.S. Army liaison, Sgt. 1st Class David Maciel, truly enjoys the CDOCs makeup. "It's personally very interesting to me as an E-7 to watch the Air Force guys and gals in action. [The Air Force has] E-4s and E-5s running the entire show. This is different than the typical Army unit where a minimum of an E-6 or E-7 is calling the shots," he said.

The primary link between Coalition partners is made through the (bilingual) Italian liaison at the CDOC, who provides the timely and accurate flow of information vital to ensuring seamless protection between respective areas of responsibility. Sharing the same high standards as their U.S. counterparts, the Italians send the best they have to fill their very important seat, therefore, the whole base benefits.

"Every time I step onto the CDOC floor I'm amazed at how well the staff has all the situational details worked out for different situations," said 407th Expeditionary Security Forces Squadron Operations Officer, Air Force Capt. Michael Robinson. "I thank them all for their performance every time I leave the floor."

LT DUO from page 8

Maxwell for Air and Space Basic Course. Now they are together in Iraq.

"I strongly doubt this could have happened in any other country, and definitely not in such a short period of time," said Lieutenant Gromov of his life over the past few years. The lieutenant first joined the Air Force with aspirations of becoming a pilot, but is growing fonder of civil engineering the longer he stays in the career field.

Lieutenant Gromov speaks of the opportunities available in the Air Force as an inclusive organization in strictly positive terms. "Without diversity we artificially limit ourselves, with the end result being a less successful organization. [Diversity] expands the selection pool and brings people with the right attitude and right state of mind."

Lieutenant Cruz hasn't considered his career from the perspective of diversity, which is in and of itself a tribute to the transparent nature of the culture of acceptance in the organization. "The Air Force embraces different ideas, cultures and thinking," he said. "Embracing these differences is a positive thing. We can't find the best way to do anything if we all have the same ideas."

This transparency of diversity in the Air Force, the undertone of the day, signals an achievement on both an organizational and Airman level. There was no question that the

promotions were a big deal to 407th ECES Engineering Flight Commander Capt. David Dammeier, another deployed member of the 60th, who arranged the ceremony.

"This was a first in many ways and these guys are special to us in many ways. I wanted to show them that there are others here looking out for them and others interested in seeing them grow as Airmen," said the captain.

The size and makeup of the crowd was testament to Captain Dammeier's thoughts.



The promotion gauntlet was followed by a few seconds under a water arc, then handshakes for (right) 1st Lt. Leonid Gromov and (center-left) Christian Cruz Dec. 19.

"I got to work on Christmas Day (in Iraq)"



The must have CD collection!

"I got to work on Christmas Day (in Iraq)"



The must have CD collection!

photos and graphic design by Tech. Sgt. Paul Dean

Identify This



Do you know what this is?

If you can identify the object, e-mail the paper at Ali.Times@tlab.centaf.af.mil with "Identify This" in the subject block by 3 p.m. Thursday Jan. 5.

All correct entries will be placed in a box and three winners will be randomly selected at Combat Bingo (at the Big Top) at 7:30 p.m., Friday Jan. 6.

Participants do not have to attend bingo to win.

Winners will receive a complimentary T-shirt or coin from the 407th Expeditionary Services Squadron. The winners selected from those correctly identifying the porta-potty latch pictured in the Dec. 16 *Ali Times* are: Tech. Sgt. **Russell Veurink** (ELRS), Staff Sgts. **Arthur Mathews** (ESFS) and **Arley Paulus** (ECES).



family photo

THINKING OF YOU...

From Renea Brooks to Staff Sgt. Andy Brooks, 407th ESFS: here's a picture of Arick, born Oct. 30, and Jacen, who's first birthday was Oct. 14. And hey, congratulations on your anniversary Jan. 6.

407th AEG Warrior of the Week



Photo by Master Sgt. Preston New

Tech. Sgt. Douglas L. Hissong

Unit:

407th Expeditionary Logistics Readiness Squadron

Duty title:

Vehicle operator/night shift chief dispatcher

Home station:

927th Logistics Readiness Squadron, Selfridge Air National Guard Base, Mich.

Why other warriors say he's a warrior:

"Tech. Sgt. Hissong is an outstanding performer in his duties. He has exceptional leadership qualities, is always looking for ways to improve the vehicle operations section, and has already improved the quality of the operations since he has arrived."

—Senior Master Sgt. Paul A. Jentzen, night shift NCOIC

Most memorable Air Force experience:

"Being able to be deployed to Iraq in support of Operation Iraqi Freedom. To know that I am helping in a small way to protect our way of life back home, and to help the Iraqi people have a better way of life."

Family:

"Wife, Carolyn, of 13 years and children, Douglas Jr, and Heather."

Hobbies:

"Spending time with my family, motorcycle riding, Swimming."

WHADDA YA THINK?

When sign makers go on strike, is anything written on their signs?

When you open a bag of cotton balls, is the top one meant to be thrown away?

Why isn't there mouse-flavored cat food?

Serenity in the sand

faith-based services schedule

Worship is at the 407th Air Expeditionary Group **Oasis of Peace** chapel, unless otherwise noted. The Oasis is open 24 hours a day for prayer and reflection. For details on worship opportunities, or directions to worship locations, please call 445-2006.

FRIDAY

1 p.m., Muslim prayer/ service: (temporarily unav.)
6 p.m., Weekday Mass: Oasis
6:30 p.m., Jewish Service: Army Religious Activities Center (ARAC)
7 p.m., Bible Study: ARAC
7:30 p.m., Gospel choir rehearsal: Army Post Chapel (APC)
8 p.m., Alcoholics Anonymous: ARAC annex

SATURDAY

5:30 p.m., Catholic Confession: Oasis Office
6 p.m., Catholic Vigil Mass: Oasis
7 p.m., Kick the Camel (quit smoking) club: ARAC

SUNDAY

7:30 a.m., Catholic Confession: Oasis Office; Traditional Protestant Service: APC
8 a.m., Roman Catholic Mass: Oasis; Church of Christ Service: ARAC
8:30 a.m., Contemporary Protestant Service: Sapper Chapel; Sunday School: APC
9:30 a.m., Traditional Protestant Service: Oasis
10 a.m., Contemporary Protestant Service: APC; , Latter Day Saints Service: ARAC
10:30 a.m., Roman Catholic Mass: Camp Cedar
1 p.m., Gospel Service: APC
7 p.m., Contemporary Worship Service: Oasis

SUNDAY (CONTINUED)

7:30 p.m., Contemporary Christian Service: Sapper Chapel
8 p.m., Alcoholics Anonymous: ARAC
MONDAY
6 p.m., Weekday Mass: Oasis
7 p.m., Protestant Bible Study: Sapper Chapel
7:30 p.m., Discipleship Bible study/fellowship: Oasis

TUESDAY

Noon, Alcoholics Anonymous: ARAC Annex
6 p.m., Weekday Mass: Oasis
8 p.m., Catholic Study: Oasis Annex; Combat Bible Study: ARAC

WEDNESDAY

6 p.m., Weekday Mass: Oasis
7 p.m., Spanish Bible Study: ARAC; Midweek Service Discussion: APC
7:30 p.m., Protestant Evening Service: APC; Mens Bible Study: APC
8 p.m., Purpose Driven Life Bible Study: Oasis Annex

THURSDAY

6 p.m., Weekday Mass: Oasis
6:30 p.m., Ladies Bible Study: ARAC
7 p.m., Latter Day Saints Study: ARAC
7:30 p.m., Workmans' Fellowship: RAC; A Man and His World Bible Study: Oasis

CRICKET MOVIE THEATER

at the Hot Spot

Today's times and movie descriptions for the week

Resident Evil (2002), 1 a.m., 9 p.m., *Milla Jovovich Michelle Rodriguez*, action/thriller

Elektra (2005), 3 a.m., 11 p.m., *Jennifer Garner, Goran Visnjic*, action/adventure

House Of Wax (2005), 5 a.m., 3 p.m., *Elisha Culbert, Chad Michael Murray*, horror

Raising Helen (2004), 7 a.m., 5 p.m., *Kate Hudson, John Corbett*, comedy/drama

Assault On Precinct 13 (2005), 9 a.m., 7 p.m., *Ja Rule, Maria Bello*, action/drama

The Ringer (2005), *Mohammad Ahmed, Geoffrey Arend*, comedy/sport: Big Top, Friday 9 p.m.

Wedding Crashers (2005), *Owen Wilson, Vince Vaughn*, comedy/romance: Big Top, Sunday 2 p.m.

Cheaper By The Dozen 2 (2005), *Steve Martin, Bonnie Hunt*, adventure/comedy: Big Top, Sunday 4 p.m.

Saturday

The Ringer 1 a.m.
House of Wax 3 a.m.
Raising Helen 5 a.m.
Assault Precinct 13 7 a.m.
Resident Evil 9 a.m.
Elektra 11 a.m.
House of Wax 1 p.m.
Raising Helen 3 p.m.
Assault Precinct 13 5 p.m.
Resident Evil 7 p.m.
Elektra 9 p.m.
House of Wax 11 p.m.

Sunday

House of Wax 1 a.m.
Raising Helen 3 a.m.
Assault Precinct 13 5 a.m.
Resident Evil 7 a.m.
Elektra 9 a.m.
House of Wax 11 a.m.
The Ringer 1 p.m.
Raising Helen 3 p.m.
Assault Precinct 13 5 p.m.
Cheaper Dozen 2 7 p.m.
Resident Evil 9 p.m.
Wedding Crashers ... 11 p.m.

Monday

The Ringer 1 a.m.
Resident Evil 3 a.m.
Cheaper Dozen 2 5 a.m.
Elektra 7 a.m.
Wedding Crashers 9 a.m.
House of Wax 11 a.m.
Raising Helen 1 p.m.
Assault Precinct 13 3 p.m.
The Ringer 5 p.m.
Cheaper Dozen 2 7 p.m.
Wedding Crashers 9 p.m.
Resident Evil 11 p.m.

Tuesday

Resident Evil 1 a.m.
Cheaper Dozen 2 3 a.m.
Elektra 5 a.m.
Wedding Crashers 7 a.m.
House of Wax 9 a.m.
Raising Helen 11 a.m.
Assault Precinct 13 1 p.m.
The Ringer 3 p.m.
Cheaper Dozen 2 5 p.m.
Wedding Crashers 7 p.m.
Resident Evil 9 p.m.
The Ringer 11 p.m.

Wednesday

Cheaper Dozen 2 1 a.m.
Elektra 3 a.m.
Wedding Crashers 5 a.m.
House of Wax 7 a.m.
Raising Helen 9 a.m.
Assault Precinct 13 .. 11 a.m.
The Ringer 1 p.m.
Cheaper Dozen 2 3 p.m.
Wedding Crashers 5 p.m.
Resident Evil 7 p.m.
The Ringer 9 p.m.
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Thursday

Elektra 1 a.m.
Wedding Crashers 3 a.m.
House of Wax 5 a.m.
Raising Helen 7 a.m.
Assault Precinct 13 9 a.m.
The Ringer 11 a.m.
Cheaper Dozen 2 1 p.m.
Wedding Crashers 3 p.m.
Resident Evil 5 p.m.
The Ringer 7 p.m.
Resident Evil 9 p.m.
Cheaper Dozen 2 11 p.m.

Bedrock and beyond...

activities to keep you fit, happy and hungry for more

Today

5 p.m., **Tang Soo Do**: Muscle Beach (I)
 6 p.m., **4 on 4 Basketball**: Bedrock Courts
 6:30 p.m., **Spin**: Muscle Beach (I)
 7:30 p.m., **Step Aerobics**: Muscle Beach (I)
 7:30 p.m., **Bingo**: Big Top
 8 p.m., **Dominoes**: ARC
 8 p.m., **Step Aerobics**: HOP
 9 p.m., **"The Ringer,"** (2005); *Mohammad Ahmed, Geoffrey Arend*; comedy/sport: Big Top

Saturday

2:30 p.m., **Yoga**: Muscle Beach (DVD)
 5:30 p.m., **Absolute Abs**: Muscle Beach (I)
 7 p.m., **Video Game TNYs**: ARC
 8:30 p.m., **Absolute Abs**: Muscle Beach (I)

Sunday

noon, **Tae Kwon Do**: Muscle Beach (I)
 2 p.m., **"Wedding Crashers,"** (2005); *Owen Wilson, Vince Vaughn*; comedy/romance: Big Top
 2:30 p.m., **Pilates**: Muscle Beach (DVD)
 4 p.m., **"Cheaper By The Dozen 2,"** (2005); *Steve Martin, Bonnie Hunt*; comedy/drama: Big Top
 4 p.m., **Squadron Tug-of-War**: Bedrock Courts
 6 p.m., **Tae Kwon Do**: HOP
 7 p.m., **Karaoke**: Big Top

Monday

5 p.m., **Tang Soo Do**: Muscle Beach (I)
 6:30 p.m., **Spin**: Muscle Beach (I)
 7:30 p.m., **Step Aerobics**: Muscle Beach (I)
 8 p.m., **Ping Pong**: ARC
 8 p.m., **Foosball**: Big Top
 8 p.m., **Step Aerobics**: HOP

It's your base, so...

Call the 407th Services Squadron with ideas for activities: 445-2696; For information about the House of Pain, Army fitness center: 833-1709; For information about Army morale, welfare and recreation activities: 833-1745.

Tuesday

2:30 p.m., **Yoga**: Muscle Beach (DVD)
 5:30 p.m., **Absolute Abs**: Muscle Beach (I)
 6 p.m., **Tae Kwon Do**: HOP
 8 p.m., **9-Ball**: Big Top
 8 p.m., **Scrabble TNY**: ARC
 8:30 p.m., **Absolute Abs**: Muscle Beach (I)

Wednesday

8 a.m., **Health, Morale and Welfare Council**: Oasis Annex
 5 p.m., **Dodgeball**: Bedrock Courts
 6:30 p.m., **Spin**: Muscle Beach (I)
 7 p.m., **Wheel of Fortune**: Big Top
 7:30 p.m., **Step Aerobics**: Muscle Beach (I)
 8 p.m., **Spades TNY**: ARC
 8 p.m., **Step Aerobics**: HOP

Thursday

9:30 a.m., **Tae Kwon Do**: Muscle Beach (I)
 5:30 p.m., **Absolute Abs**: Muscle Beach (I)
 6 p.m., **Cardio mix**: HOP
 8 p.m., **8-Ball**: ARC
 8 p.m., **5-Card Stud**: Big Top
 8:30 p.m., **Absolute Abs**: Muscle Beach (I)

(I)—Instructor

TNY—Tournament

HOP—House of Pain, Army Fitness Center

ARC—Army Recreation Center

Carly Goodwin, (country music),

Sunday Jan. 8,

8 p.m.,

Adder Commons!

Holiday Planner...

Dec. 31 (Saturday), 8 p.m. to 1 a.m., New Year's Party, Casino Night and Dance (party favors and sparkling cider at midnight): Big Top

Dec. 31 (Saturday), 8 p.m., Hip Hop New Year's Party: Sprung Center

Dec. 31, 9 p.m., Protestant WatchNight Service: Army Chapel

Jan. 1, 2 p.m. and 4 p.m., movies; 7 p.m., karaoke: Big Top

Jan. 1, Faith-based services according to regular schedule.